What comes to your mind when you think of outdoor recreation? Fishing? Hiking? Biking? Backpacking? How about birding, wildlife viewing, biking, hiking, mountain biking, snowmobiling, sledding, canoeing, or perhaps winter sports like cross-country skiing or ice fishing? The options are endless. Outdoor recreation is not only about getting some exercise or enjoying the outdoors; it’s also a part of our cultural heritage and tradition. It provides opportunities for social interaction, personal growth, and exploration. In this guide, we will explore various outdoor recreation opportunities, such as fishing, birding, and hiking, and learn about the benefits of engaging in these activities. We will also discuss the importance of preserving and protecting our natural resources for future generations.

U.S. Fish and Wildlife Service

The U.S. Fish and Wildlife Service manages a system of more than 540 national wildlife refuges covering more than 91 million acres of lands and waters. The Service's mission is to conserve, protect, and enhance fish, wildlife, and their habitats for the continuing benefit of the American people. With almost 1000 national wildlife refuges, the Service is committed to providing outdoor recreation opportunities. For information on the activities available at your local refuge, please visit the National Wildlife Refuge System website or contact your local refuge directly.

Bureau of Land Management

The Bureau of Land Management manages the Nation's largest Federal lands—to more than 270 million acres across 11 western states and Alaska. These lands include public lands managed by BLM, national monuments, and public lands managed by other Federal agencies. For information on outdoor recreation opportunities, please visit the Bureau of Land Management website or contact a local field office.

Recreation Authority

The Tennessee Valley Authority is responsible for managing and maintaining the water resources of the Tennessee River basin. The Authority manages more than 350,000 acres of land and water for outdoor recreation. For information on outdoor recreation opportunities, please visit the TVA website or contact a local field office.

USDA Forest Service

The USDA Forest Service is a partner in outdoor recreation, and it manages more than 150 million acres of land in the United States. The Forest Service provides opportunities for outdoor recreation, including hiking, fishing, birding, and hunting. For information on outdoor recreation opportunities, please visit the USDA Forest Service website or contact a local field office.

National Park Service

The National Park Service is the steward of America's natural, cultural, and historic resources, and it provides opportunities for outdoor recreation. The National Park System includes more than 400 national parks, historical sites, and battlefields. For information on outdoor recreation opportunities, please visit the National Park Service website or contact a local field office.

Tennessee Valley Authority

The Tennessee Valley Authority is responsible for managing and maintaining the water resources of the Tennessee River basin. The Authority manages more than 350,000 acres of land and water for outdoor recreation. For information on outdoor recreation opportunities, please visit the TVA website or contact a local field office.