Figure 9-7. Energy density of cross-shore currents in each ADCP bin–across all frequencies (star and asterisk) and for internal wave frequencies only (open symbols). Data shown for moorings HB07 (green), HB06 (magenta), HB05 (blue), HB03 (cyan), HBN2 (yellow), AES3 (green), HBN3 (red), AES2 (magenta), and HBN1 (blue).