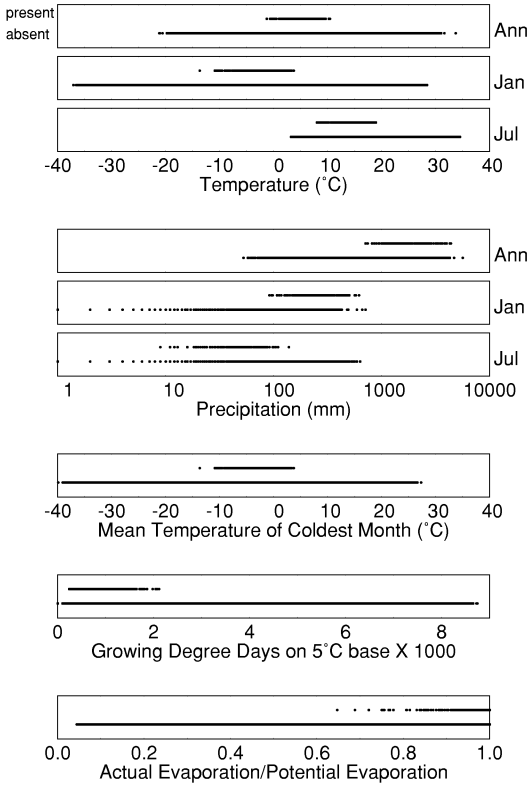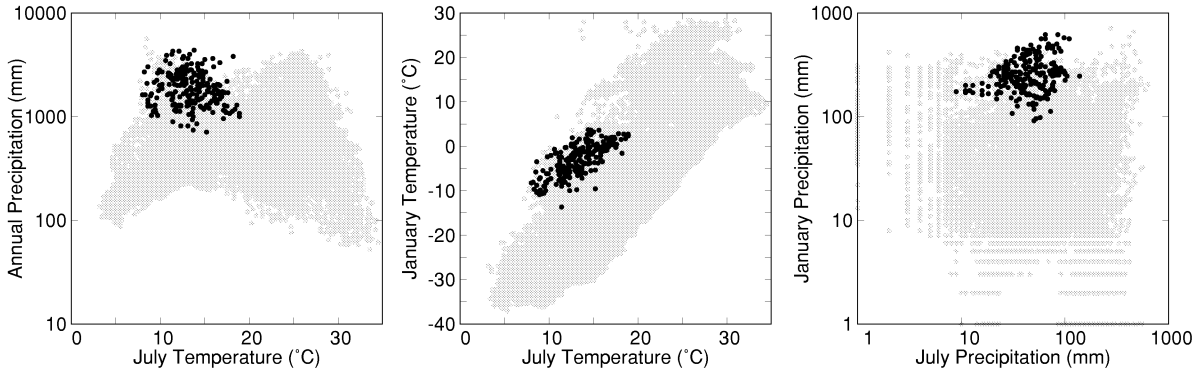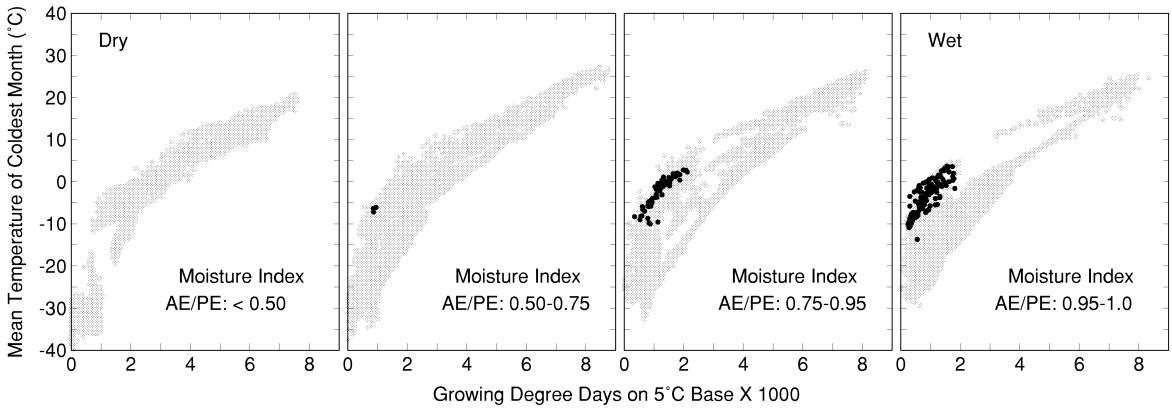Abies amabilis