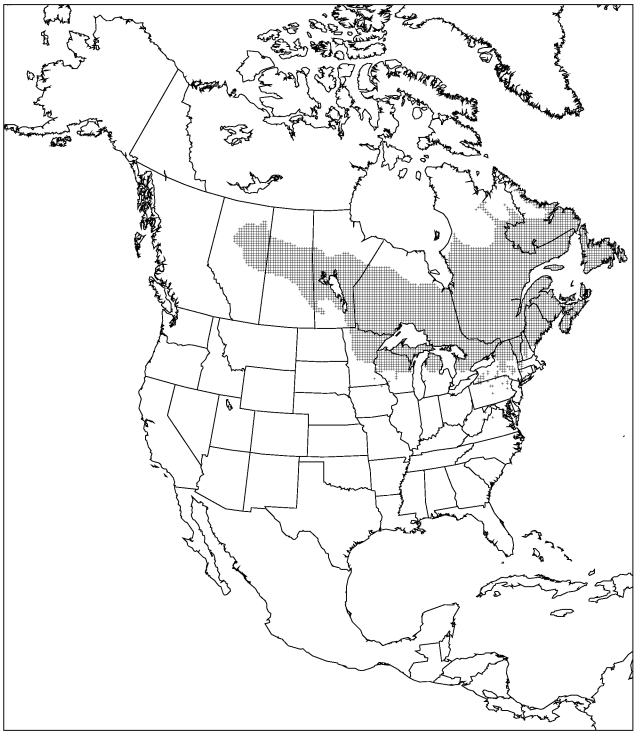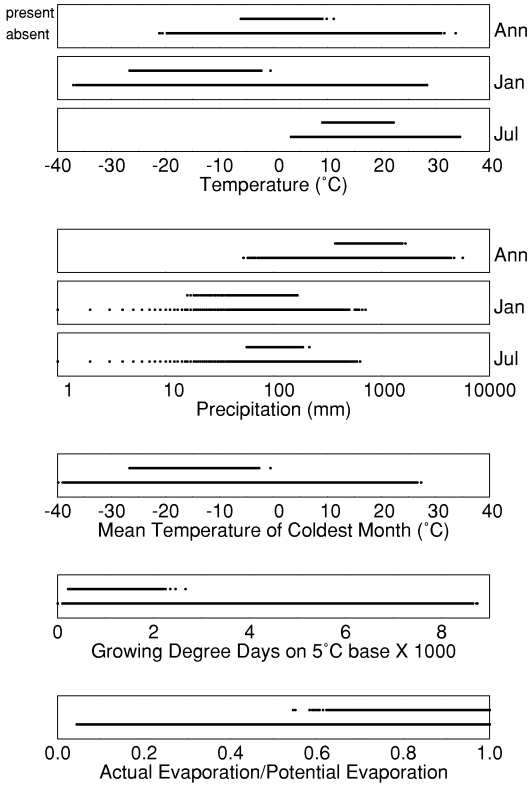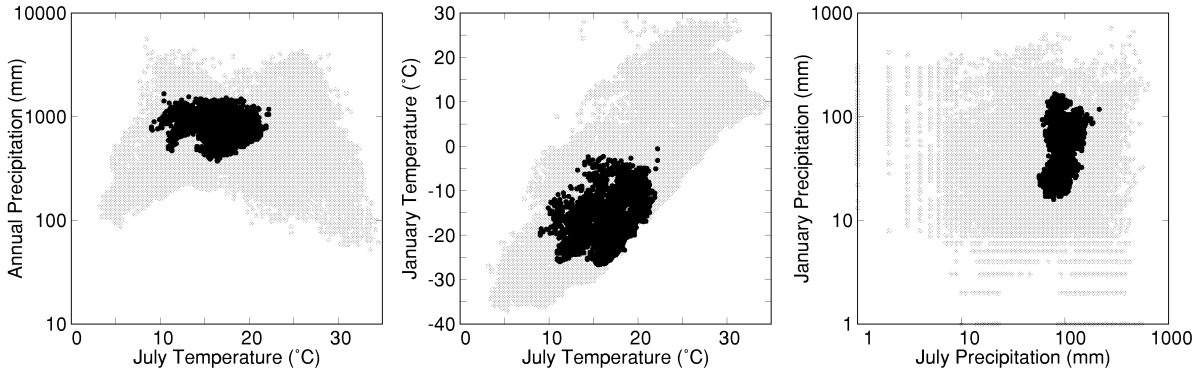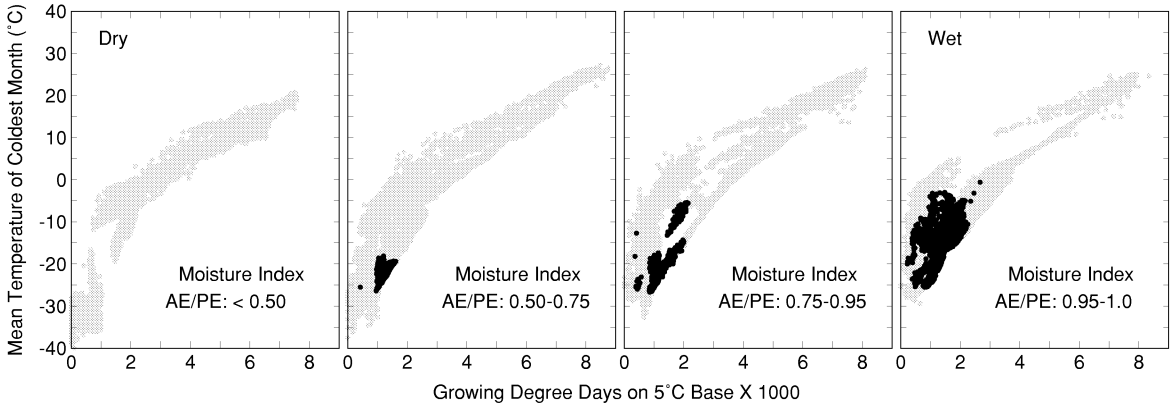Abies balsamea