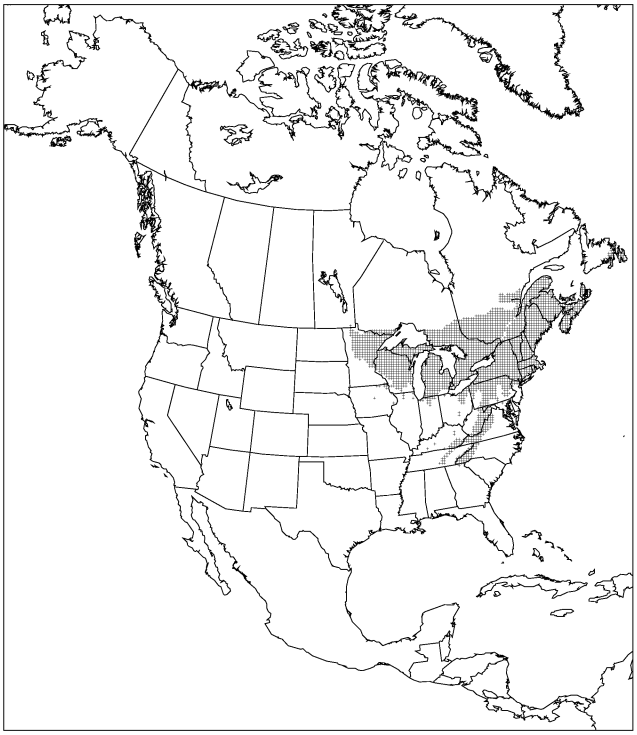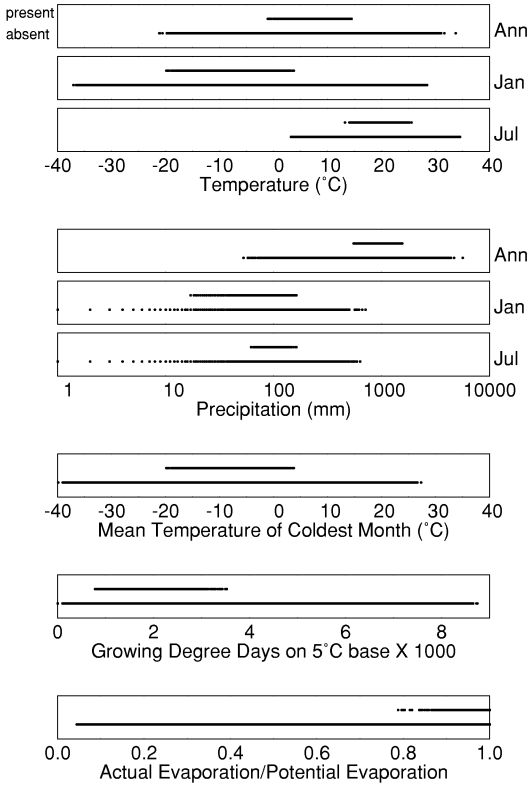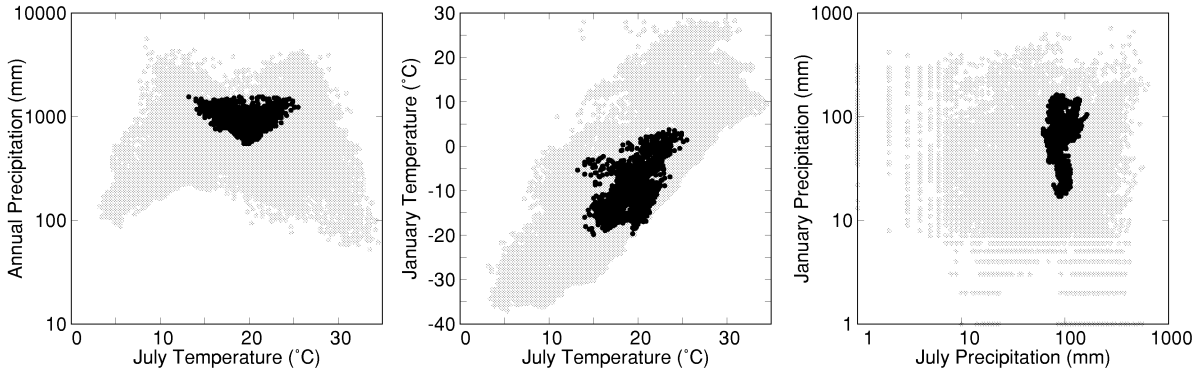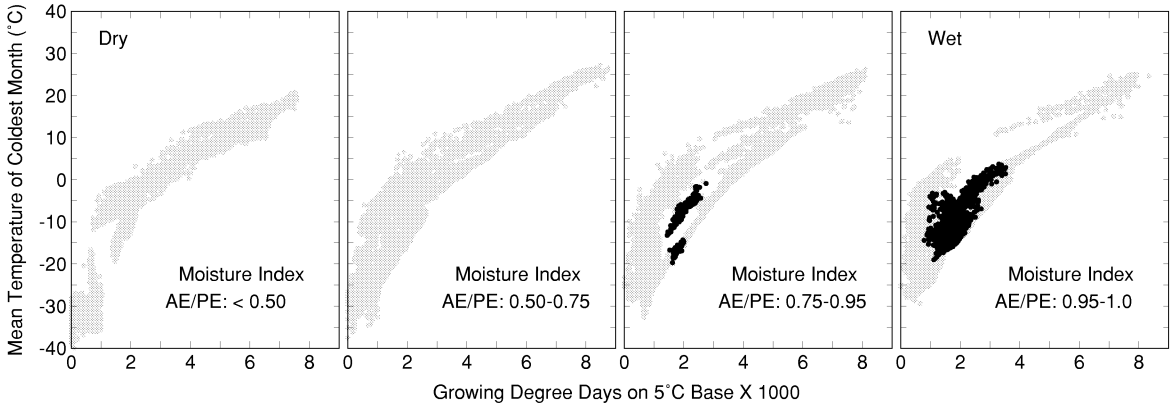Betula alleghaniensis