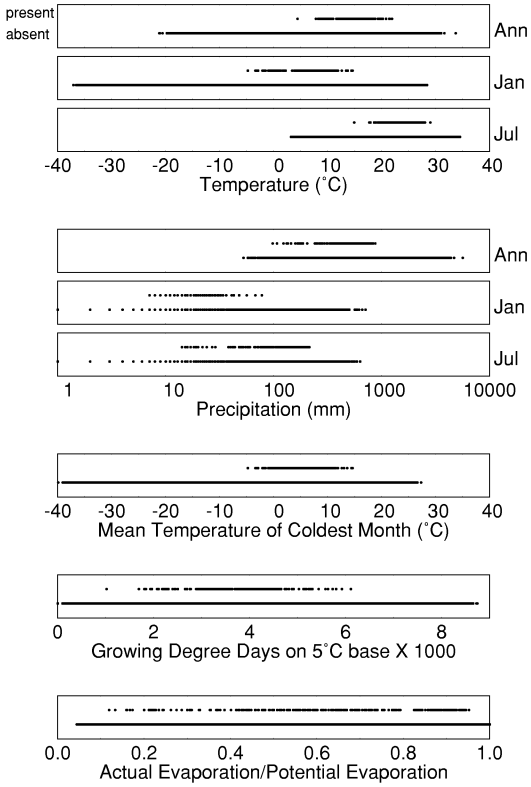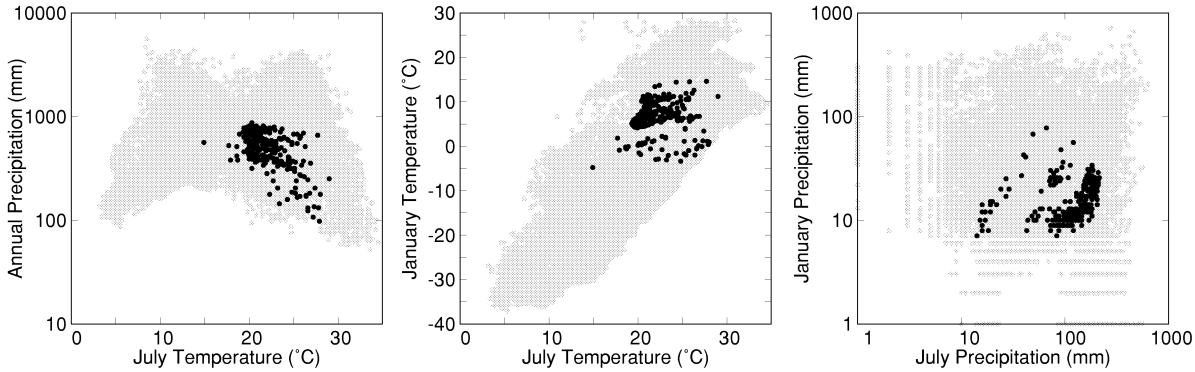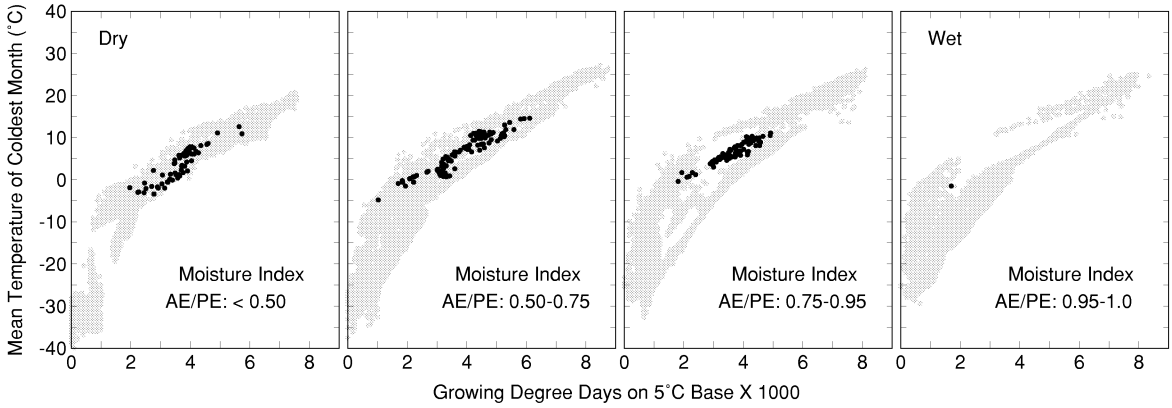Rhamnus betulaefolia