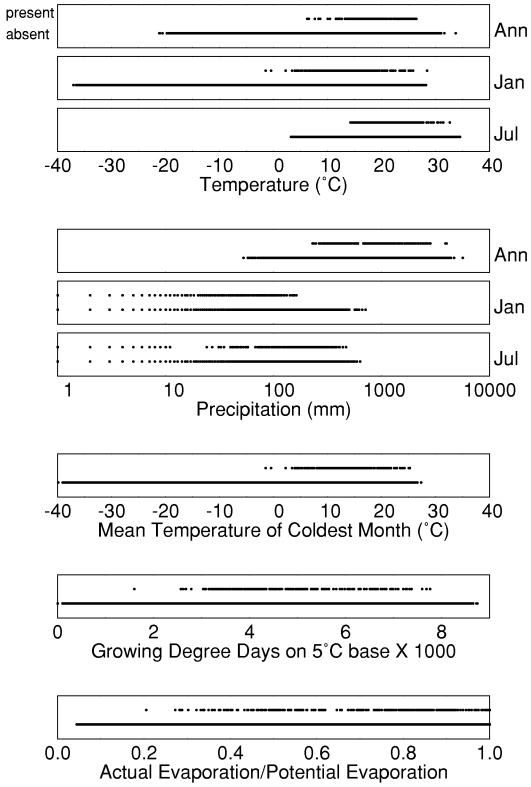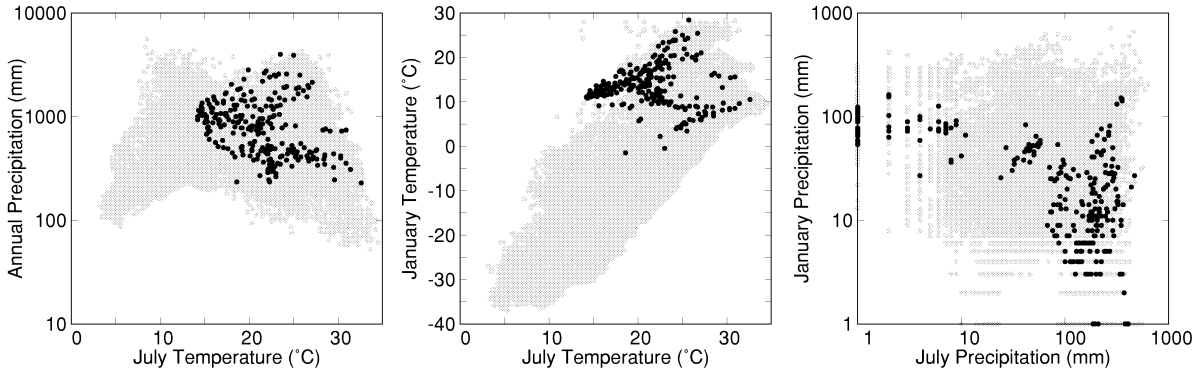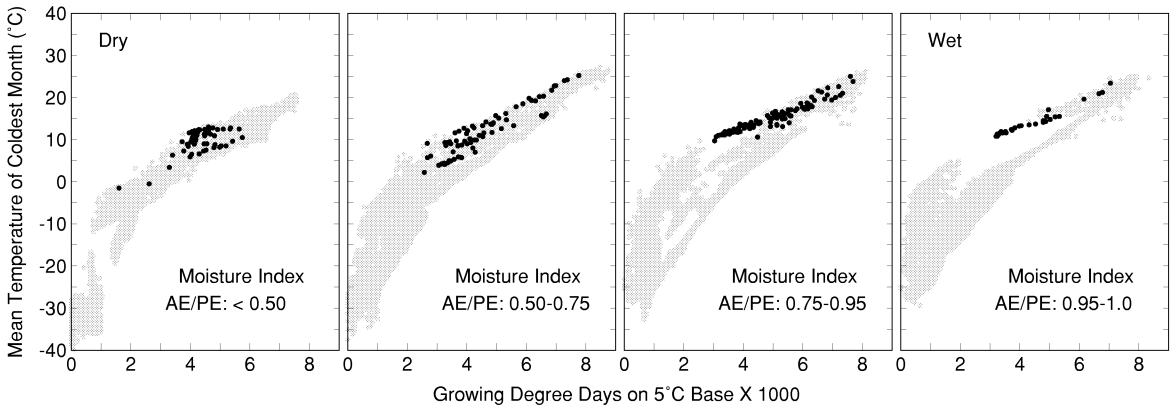Sambucus mexicana