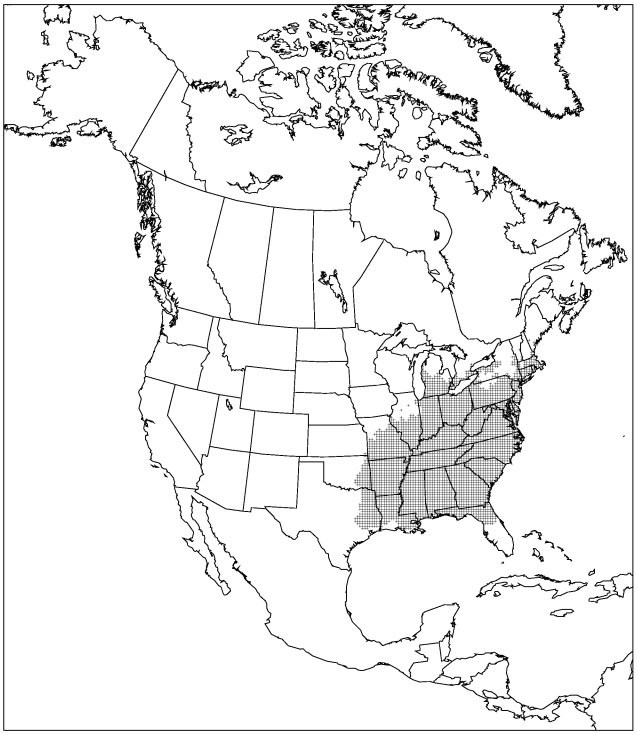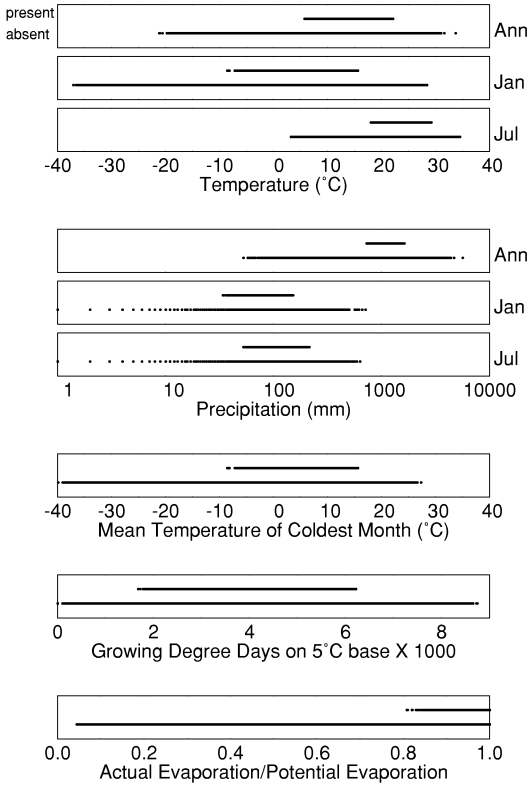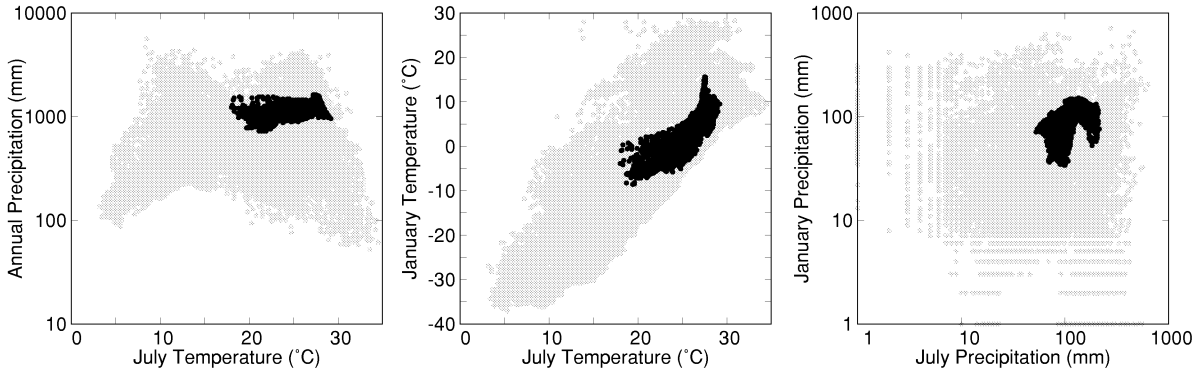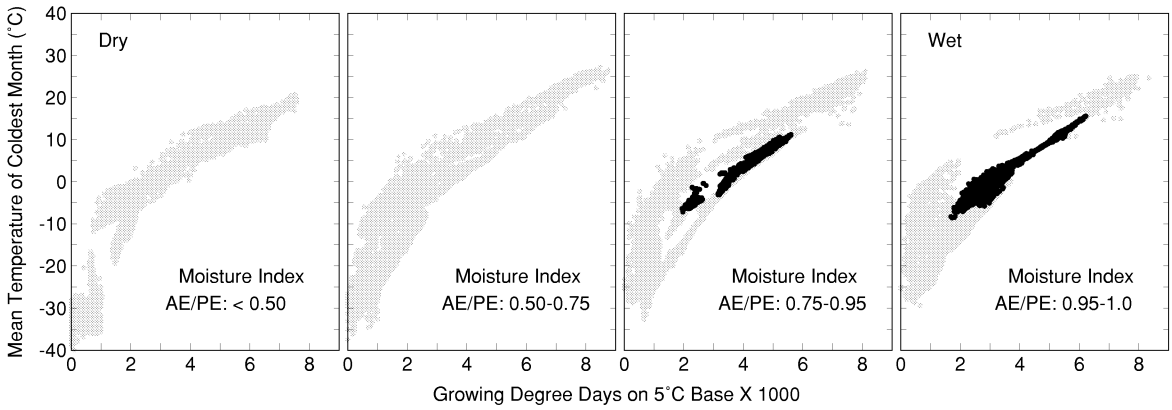Sassafras albidum